

# LIFE SKILLS PROGRAMME

www.bluelight.co.nz



NEW ZEALAND DEFENCE FORCE



YOUTH DEVELOPMENT UNIT

# Introduction

Blue Light is a registered charity. We have run programmes and activities, free from drugs, alcohol and violence for young people for over 35 years. We work in partnership with the NZ Police and local communities to empower youth.

The aims of Blue Light are:

- Reduce youth crime
- Build community partnerships
- Build young people's self-esteem
- Enhance community safety
- Build positive youth and Police partnerships.



#### Why camps?

Research has shown activity based education is an ideal vehicle to develop young people.

Taking young people away from the distractions of everyday life has proven to be extremely effective in teaching them ways to improve and improve and manage their lives moving forward.

#### **Parent's feedback**

"My 17 year old son was leaving school, unsure what he wanted to do. He attended the Blue Light course in which he excelled. This programme helped him focus and gave him a clear direction for his career and subsequent future".

#### **Programme Overview**

The Life Skills programme centres on a weeklong residential experiential-learning camp in partnership with the NZ Defence Force focusing on leadership training, practical skills, self-confidence, teamwork and leaderless tasks.

Participants on this programme can also earn up to 9 Level Two and 4 Level One NCEA credits.

#### Participant's criteria

The Life Skills programme is for young people aged 14-17 years of age. Participants must be healthy and physically fit as some activities are demanding. The programme would ideally suit young people showing qualities like team involvement, being confident amongst peers and groups of people, being able to communicate and open to ideas.

This programme would also suit those young people considering career opportunities in the services such as the Airforce, Army, Navy or Police.



**Participant's feedback** 

"It taught me never to give up on things, aim for the highest and showed me how to enhance my future".

## **Camp information**

## **Camp Locations**

Camps are held in locations across New Zealand -North at Whenuapai Air Force, Central at Trentham Military Camp/Blue Light Lodge and South at Burnham Military Base.

### **Camp Dates**

Camps are held 12 times a year, refer to www.bluelight.co.nz for dates and camp availability.

## **Camp Achievements**

At the conclusion of the camp a formal ceremony is held which is attended by Police, the Defence Force and Blue Light staff. We encourage all referrers and families to attend and support the participants as they receive their certificates as proof of their accomplishments.



Contact the Blue Light Programmes Team on programmes@bluelight.co.nz or 0800 258 354





## **BLUE LIGHT YOUTH LIFE SKILLS CAMP**

Attendee's Personal Details							
First Names							
Last Names							
Male	Female	Date of	birth			Age	
Street Address							
Suburb					Town/City		Postcode:
Home Phone					Mobile Phone		
Vaccinated against COVID? Yes			No	Ethnicity	-		Shirt Size
School/course attending			Email Address		Email Address	· · ·	
Parent/Caregiver Details							
First Names							
Last Names							
Street Address							
Suburb					Town/City		Postcode:
Home Phone					Mobile Phone		
Occupation					Email Address		
Medical/Dietary							
Full disclosure of potential medical issues is necessary to ensure your safety, the safety of others, and quality course outcomes for all. Medical conditions will not necessarily exclude you from the course as long as the condition can be appropriately managed. Please <u>note</u> , any medical conditions you have and any medication that you are currently using. Please also advise any <u>dietary</u> requirements.							
I declare that the information given in this form is true and complete to the best of my knowledge. I accept that the possibility of injury is inherent in the undertaking of physical activity. I will not hold Blue Light responsible for any injury or loss associated with my attending this programme. I give permission for Blue Light to take all responsible action to seek medical attention should I require it at my own expense. Blue Light regularly produces materials to profile its various programmes and services to the community. Blue Light reserves the right to use these materials which include media releases and publications. At times these materials contain stories and photos of clients.							
Signature:	ignature: Date signed:						
Attendee's parent/caregiver's signature				Date signed:			
Payment O	ptions		Cost for Camp \$500 inc. GST				
Direct Cred	it		Please Pay to ASB 12-3136-0032865-00				

 Credit Card Number
 Expiry Date
 CVV

 Name on Card
 Cardholder's Signature

**Please return completed application with payment to:** Blue Light Ventures, P.O. Box 102-199, North Shore City, Auckland, 0745 or scan and email this form to programmes@bluelight.co.nz