

## Āwhitu Youth Camp Gear List – (Recommended)

This will help get your young people organized for your camp at Āwhitu Youth Camp. Please note, this is what Blue Light recommends, you may need to bring other items.

✓	ESSENTIAL ITEMS	2 – 3 days	4 - 5 days	NOTES
	Towel and flannel	2	3	
	Sleeping bag or blanket	1	1	
	Pillow	1	1	
	T-shirts	2-3	4-5	
	Shorts	2	3	
	Underwear	4 - 6	6-8	
	Warm socks	2	4	
	Running shoes	2	2	
	Swimwear/togs	1	1	One pieces, boardshorts
	Rash top	1	1	For both sun protection and warmth in winter
	Waterproof or plastic bags	1	1	For wet clothes stowage in your bag
	Sunhat	1	1	
	Trackpants/trousers	1	2	
	Warm jumper	1	2	
	Waterproof jacket	1	1	<b>Not</b> a puffer jacket, these are not waterproof
	Jandals	1	1	
	Sleep wear	1	2	
	Toothbrush and toothpaste	1	1	
	Deodorants (roll on only)	1	1	We ask you do not bring aerosol products
	Shampoo	1	1	
	Soap or Bodywash	1	1	
	Hair ties, hairbrush/comb	1	1	
	Sanitary items			
	Backpack	1	1	For day trips
	Beanie	1	1	Addition for winter
<b>OPTIONAL ITEMS</b>				
	Insect repellent		Chap stick	Wetsuit
	Sunscreen		Torch	
<b>!! FORBIDDEN ITEMS !!</b>				
	Sharp objects	I.e. Scissors, pocketknives etc		
	Chewing Gum	Chewing gum is not allowed at Blue Light Facilities		
	<b>Cigarettes, lighters, matches, vapes, drugs, weapons or alcohol</b>	<b>Blue Light Facilities are smoke free</b>		

Please note we recommend:

- Personal items are named
- Personal medication to be put in a zip loc bag, named and given to adult supervisor to look after